

News & Updates

January 2022

Marshall & Middle Fork Fire Resources

Assistance for Members Affected by the Marshall and Middle Fork Fires

As the regional organization for Boulder and Broomfield counties, CCHA is committed to meeting the needs of Health First Colorado (Colorado's Medicaid Program) members affected by the fires. If you have a patient in need of assistance, please direct them to our [Marshall & Middle Fork Fire Assistance webpage](#) or [CCHA Member Support Services](#) for help.

Your patients can connect with [CCHA Members Support Services](#) at **303-256-1717**. If you would like to refer a Health First Colorado member for care coordination services, please complete a region-specific referral form.

- [Referral form for members attributed to providers in Boulder, Broomfield, Clear Creek, Gilpin and Jefferson counties \(Region 6\)](#)
- [Referral form for members attributed to providers in El Paso, Park and Teller counties \(Region 7\)](#)

Support for Behavioral Health Providers

If you are a behavioral health provider in Region 6, and your practice or ability to provide services has been disrupted due to the fires, CCHA is here to assist. Please reach out to your [CCHA provider experience representative](#) for more information.

Seeking Behavioral Health Support for Members Impacted by Fires

CCHA is assisting our impacted members and providers to ensure continued care during this time. If you are a behavioral health provider who can see impacted CCHA members via telemedicine for a four-eight week period, please contact [CCHA Member Support Services](#) at **303-256-1717** or HealthTeam@CCHAcare.com with the following information:

- Available capacity
- Services available (psychotherapy, SUD treatment, etc.)
- Any specialties or cultural competencies we should be aware of
- Do you offer telehealth/telemedicine?
- Do you accept commercial insurance? If so, which plans are accepted
- Scheduling instructions

CCHA is collecting this info to share with our community resources and shelters in the community. We appreciate your support.

Prescription Refills for Fire Evacuees

Health First Colorado will cover any needed refills for members affected by the fires. Health First Colorado members should contact their pharmacy to advise them of their circumstances and request refills as soon as possible.

Some new medications may need prior authorization before the pharmacy can fill the new prescription. If the pharmacy cannot receive the prior authorization approval in a timely manner, the Department of Health Care Policy & Financing (HCPF) has authorized its enrolled pharmacies to dispense a 72-hour emergency supply (3 days).

COVID-19 Resources

At-Home COVID-19 Test Coverage

Effective January 15, 2022, Health First Colorado covers At-Home Over-The-Counter COVID-19 tests through the Durable Medical Equipment, Prosthetics, Orthotics & Supplies (DMEPOS) benefit. DMEPOS providers should use HCPCS procedure code **E1399 with modifier U1** to bill for these products.

Claims billed for tests may begin suspending for EOB 0000 - "This claim/service is pending for program review." while the Colorado interChange is being updated. Claims will be released from suspense once the update is complete. More information will be provided in future HCPF communications.

Please note:

- Member co-pays are not required.
- Prior authorization is not required.
- Test coverage is limited to 15 units of service per month per member.
- Span-billing is permitted for a monthly allowance. See the [DMEPOS billing manual](#) for details.
- One unit of service is equal to one individual test. If a package includes two tests, the provider should bill for two units of service.
- Providers must bill Health First Colorado the same amount as the retail price on a per-test basis. For example, if the provider sells a two-test pack for \$14, they would bill two units of service at \$7 each to Health First Colorado.
- A prescription is necessary to receive reimbursement, as is required for all DMEPOS. However, the [Public Readiness and Emergency Preparedness Act](#) allows for pharmacists to order these tests.
- Providers must use the National Provider Identifier (NPI) of the ordering provider, such as the pharmacist, on all claims.
- All claims for tests should be billed to Gainwell Technologies Fee-For-Service (FFS), including for members enrolled in the Denver Health and Rocky Mountain Health Plan managed care networks.

HCPF has developed [talking points](#) and an [FAQ](#) to help answer questions. They have also built a [webpage](#) that lists all of the enrolled DME pharmacies statewide (as the tests will be billed under DME).

Contact Haylee Rodgers at Haylee.Rodgers@state.co.us with questions.

CDC recommends COVID-19 vaccine boosters for anyone 12 or older

On January 5, 2022, the [Centers for Disease Control and Prevention \(CDC\)](#) approved the COVID-19 Pfizer booster for anyone 12 and older. The [Colorado Department of Public Health & Environment \(CDPHE\)](#) encourages all Coloradans age 12 and up to get a booster dose as soon as possible if it has been at least six months since they got their second dose of Pfizer or Moderna, or at least two months since they got the Johnson & Johnson vaccine.

As a reminder, children ages 5-11 are eligible for the COVID-19 vaccine. Vaccines and boosters are common practice in routine childhood vaccination and many vaccines require multiple doses at specific intervals to be most effective.

[Learn more about COVID-19 vaccines and boosters and where to find them.](#) If you have a patient who needs help making a vaccine appointment, direct them to 1-877-268-2926. Health First Colorado members who need help finding a ride to a vaccine appointment can use the [Non-Emergent Medical Transportation benefit](#).

COVID-19 Resources

- [CDPHE Community Vaccine Sites - Communications Toolkit](#)

CCHA

**CCHA Awards \$1.4 Million to Community Entities
Serving Medicaid Members**

CCHA recently awarded \$1.4 million to 21 innovative community entities through the CCHA Community Incentive Program.

Developed out of a commitment to community support and investment, the CCHA Community Incentive Program supports community entities that improve health, reduce costs and increase access to services for Health First Colorado members. The Community Incentive Program is funded using incentive payments earned by CCHA for achieving key performance indicators set by HCPF.



“To successfully coordinate care and services for approximately 400,300 Health First Colorado members, we must build upon and maintain a network of strong community support,” said Amy Yutzy, director, Medicaid Programs, CCHA. This year’s recipients align closely with CCHA’s goals and address social determinants of health. We are honored to support these recipients as they care for vulnerable populations, such as those in need of behavioral health services, at-risk children, seniors and people who are experiencing homelessness.”

The 21 selected entities represent community projects in Boulder, Broomfield, Clear Creek, El Paso, Gilpin Jefferson, Park and Teller counties. These projects will directly address barriers to care such as transportation, mental health and access to care.

2022 CCHA Community Incentive Program recipients

A Precious Child

\$150,000 to increase full wrap-around case management services for children and families in Broomfield by connecting them with needed resources, supports and opportunities. Some of the resources include housing, food access, clothing needs, hygiene needs, physical and behavioral health services.

Benefits in Action

\$150,000 to continue their work establishing and maintaining safe parking areas across Broomfield and Jefferson counties and expand the program to El Paso, Park and Teller counties. These safe parking areas offer secure, legal, sanitary and undisturbed locations for families and individuals living in their vehicles.

Boys and Girls Clubs of the High Rockies

\$25,000 to provide mental health services and support to youth and their families. Funds will pay for a mental health provider to host small groups, provide individual work and be present at programming events such as hikes, disc golf, art, etc.

Centura – Avista Adventist Hospital

\$74,968 to expand workforce capacity and support teams that can provide enhanced behavioral health services. Enhanced behavioral health services will improve patient transitions from behavioral health clinical interventions back into their communities, ensuring sustainable and healthy community connections.

Centura – Penrose St. Francis Health Services

\$65,148 to implement a “curbside peer/patient connection” with a team of community peers. These peers are scheduled to be on call to offer warm handoffs to community partners, peer support services and other resources that support the healing journey. This program will increase access to a continuum of behavioral health services in El Paso County by improving care transitions for patients presenting with substance use and/or mental health concerns.

Children’s Hospital Colorado Foundation

\$75,000 to help build and strengthen the hospital’s holistic model of care, which integrates addressing social determinants of health in the clinical setting to enhance overall care coordination for Health First Colorado members.

Colorado Health Institute – Metro Denver Partnership for Health

\$75,000 to better connect Health First Colorado members to the right services at the right time by building a regional social health information exchange (S-HIE). The S-HIE will be a coordinated infrastructure that will enable safe and secure information sharing among health care and social services.

Developmental Disabilities Resource Center

\$29,773 to provide trauma-informed care training to behavioral health and supervisor staff so they can better serve people with intellectual and developmental disabilities in Jefferson, Clear Creek, and Gilpin counties. These trainings can improve members’ outcomes and reduce costly crisis intervention.

Envida

\$14,853 for an enhanced transportation program in rural Park and Teller counties. This transportation program will improve access and experience for members seeking behavioral health care services, expand transportation opportunities and help members access health care-related services that impact social determinants of health, such as pharmacy, food and socialization activities.

Evergreen Christian Outreach (ECHO)

\$145,055 to continue their wraparound services program, including food assistance, rent/mortgage assistance, transportation, personal vehicle repair costs and vision/hearing service costs for families experiencing homelessness in Jefferson and Clear Creek counties. Additionally, ECHO will collaborate with the Center for the Arts Evergreen to implement an art program for children and adults.

Homeward Pikes Peak

\$100,000 to provide services to more than 60 pregnant and parenting individuals with substance use disorder. Funding will provide continuity of housing, medical services, behavioral health support, recovery support, food, clothing, education and transportation to ensure lasting abstinence from substances and recovery for vulnerable members and their children.

Jefferson Center for Mental Health

\$42,704 to expand their Navigation and Housing departments and grow their community-based efforts. These efforts will help provide mental health and other necessary services and supplies to those experiencing homelessness.

Julissa Soto in Collaboration with Casa Inmigrante

\$37,850 to reduce COVID-19 vaccine hesitancy and barriers to vaccine access within the Spanish-speaking community in El Paso County, ultimately increasing vaccination rates.

Lakewood Medical Center, in collaboration with Queen of Vietnamese Martyrs Community

\$30,000 to help educate, prevent and manage diseases and behavioral health among Health First Colorado members in Jefferson County.

Marisol Health and Catholic Charities & Community Services of the Archdiocese of Denver

\$12,000 to help alleviate financial and material concerns related to housing instability, food insecurity and other financial burdens among postpartum and newborn Health First Colorado members.

Pikes Peak Elder Justice Center

\$41,180 to create a forensic center to help older adults, and people who support them, engage in trauma-informed, person-centered planning and evaluation. Forensic centers are a unique model of multidisciplinary collaboration on elder abuse cases that grew out of the need to have a responsive group of professionals to advise and assist in abuse and neglect cases.

Rocky Mountain Rural Health

\$15,000 to create a procedure to assist Health First Colorado members aging out of Medicaid and transitioning to Medicare. The procedure will ensure members continue to receive needed health care services and address the need for secondary coverage during the transition.

Silver Key Senior Services

\$150,000 to provide a wraparound care program that addresses physical and behavioral health needs for seniors who are dually insured through Medicaid and Medicare in El Paso County and assist them in accessing additional supports such as food pantries, transportation services, advance care planning and nutrition programs.

Special Kids Special Families

\$25,969 to support a behavioral health program for at-risk families in El Paso and Teller counties. Funds will expand the program to help an additional 75 clients whose children are either engaged or at risk of engaging with the Department of Human Services.

Springs Recovery Connection

\$75,000 to establish a Recovery Community Center that will provide an environment of ongoing support for those with substance abuse and mental health disorders.

Wee Cycle

\$65,500 to increase mobile distribution of diapers, wipes, baby food and formula to Health First

Colorado members in Boulder, Broomfield, Clear Creek, Gilpin and Jefferson counties. In addition, Wee Cycle will also provide the opportunity for up to 100 families to enroll in Amaze Health, a telehealth service that provides members with on-call medical professionals 24 hours a day, seven days a week, in 84 different languages.

Access to Care Standard Requirements

The CCHA provider network is designed to meet the access to care requirements for all Health First Colorado members we serve. The same standard of care is provided to all members, regardless of eligibility category.

Our provider network:

- Serves all primary care and care coordination needs
- Serves all behavioral health needs
- Allows for adequate member freedom of choice among providers

Our provider network is required to meet high standards for access to care, including:

- Minimum service coverage from 8 am to 5 pm, Monday through Friday
- Extended hours on evenings and weekends and alternatives for emergency room visits for after-hours urgent care
- Evening and weekend support services include access to clinical staff, not just an answering service or referral service staff
- Availability of information, referral and treatment of emergency medical conditions 24/7

Providers must keep their information current and report any changes to CCHA and HCPF. Providers may email Providers@CCHAcares.com for assistance.

Appointments

Primary Care Provider	
Urgent Care	Within 24 hours after the initial identification of the need
Outpatient Follow-up Appointments	Within seven days after discharge from a hospitalization
Non-urgent, Symptomatic Care Visit	Within seven days after the request
Well-Care Visit	Within one month after the request, unless an appointment is required sooner to ensure the provision of screenings
Behavioral Health Providers	
Emergency Behavioral Health Care	By phone within 15 minutes after the initial contact, including TTY accessibility, in-person within one hour of contact in urban and suburban areas, in-person within two hours after contact in rural and frontier areas
Non-urgent, Symptomatic Behavioral Health Services	Within seven days after a member's request <ul style="list-style-type: none">• Administrative intake appointments or group intake processes are not considered treatment appointments for non-urgent, symptomatic care

Behavioral health providers shall not place members on waiting lists for initial routine service requests. If a provider is contacted by a member, but does not have the capacity to accept them

into treatment within the appropriate time frame, the provider should connect the member to [CCHA Member Support Services](#).

We are committed to helping our members access quality health care services in a timely manner. If you cannot accommodate the above standards, contact CCHA Provider Relations at Providers@CCHACares.com or your practice transformation coach to work toward achieving these goals.

For more information on these standards, please refer to the CCHA provider manuals:

- [Physical Health Manual](#)
- [Behavioral Health manual](#)

CCHA Career Opportunities

CCHA is hiring for the positions listed below. Please consider sharing these opportunities with your professional network. [Learn about these and other career opportunities](#).

- Care Coordinator, RN, Denver
- Data Analytics Manager (Hybrid)
- Health Care Claims Auditor, Denver
- Health Care Data Analyst III, Denver
- Medicaid Care Coordinator, RN, Community-Based
- Medical Coding/Risk Adjustment Educator
- Risk Adjustment Coding Specialist, Denver
- Senior Member Support Specialist

Department of Health Care Policy and Financing (HCPF)

New Utilization Management Program for Physician-Administered Drugs

Health First Colorado is implementing a new utilization management (UM) program for the fee-for-service, physician-administered drug (PAD) benefit. Starting on January 18, 2022, a select number of PADs will be subject to prior authorization (PA) requirements.

Keystone Peer Review Organization (Kepro) will offer various training sessions to providers in the coming months. HCPF will send additional information via email, newsletters, monthly provider bulletins and will post updates on the [ColoradoPAR: Health First Colorado Prior Authorization Request Program and Physician Administered Drug Provider Resources webpage](#).

Learn more about the new UM program for physician-administered drugs in the [January At A Glance](#).

PA questions or concerns may be directed to Kepro

- Phone: 1-720-689-6340
- Fax: 1-800-922-3508
- Provider Issues Email: COproviderissue@kepro.com
- Provider Training Registration Email: COproviderregistration@kepro.com

Claims questions or concerns may be directed to HCPF's fiscal agent, Gainwell Technologies (formerly DXC Technology)

- Phone: 1-844-235-2387

All other PAD benefit questions or concerns may be directed to HCPF_PAD@state.co.us

Provider Revalidation Update

Providers are strongly encouraged to submit their revalidation application by their scheduled due date. Revalidation applications are processed within five business days on average.

Visit the [revalidation webpage](#) and download the provider revalidation spreadsheet to verify the next revalidation due date. Providers will also receive an email approximately six months before their revalidation deadline with further instructions on submitting a revalidation application.

As a reminder, only one update can be processed at a time. If providers need to make an additional update while a revalidation application is in process, contact [HCPF's Provider Services Call Center](#).

2022 Provider Enrollment Application Fee

The Affordable Care Act requires certain providers to remit an application fee.

Effective January 1, 2022, the Provider Enrollment Application Fee has been set at \$631 for the 2022 calendar year.

Find additional information on HCPF's [Provider Enrollment webpage](#) under the Enrollment News and Updates section.

Recently Published Billing Manuals

- [Ambulatory Surgery Centers \(ASC\)](#)
- [Appendix O - EAPG Inpatient Only List](#)
- [Appendix X - HCPCS and NDC Crosswalk for Billing Physician-Administered Drugs](#)
- [Appendix Y - Physician Administered Drug Medical Benefit Prior Authorization Procedures and Criteria](#)
- [Dialysis](#)
- [General Provider Information](#)
- [HCBS - Adult - Spinal Cord Injury \(SCI\)](#)
- [HCBS - Adult - BI, CMHS, and EBD](#)
- [HCBS - IDD](#)
- [Qualified Residential Treatment Program \(Q RTP\)](#)

Visit the [Billing Manuals webpage](#) to locate all published manuals.

Behavioral Health

Uniform Services Coding Standards Manual January 2022 Updates

CCHA requests that providers review and implement all changes to the [Uniform Services Coding Standards \(USCS\) Manual](#) that went into effect on January 1, 2022.

Please review the changes listed in the [January 2022 Manual Tracking Form](#).

Per the form, **providers must implement the January 2022 edition by January 1, 2022, for dates of service January 1 and thereafter, regardless of submission date.**

Important Highlights from the *USCS Manual* Update:

- Place of service (POS) code 55 (RSAFT) has been deleted from H0018 and H0019 codes effective January 1, 2022. Since the substance use disorder (SUD) residential codes have been added and H0018 has explicitly stated it cannot be used for SUD primary diagnosis, this POS (55) is not appropriate for these two residential codes.
- HCPF is adding POS 10 per CMS, creating a new POS for telehealth in a patient's home to be effective January 1, with an implementation date of April 4, 2021.
 - **Descriptor for POS 10:** The location where health services and health-related services are provided or received through telecommunication technology. The patient is located in their home (which is a location other than a hospital or other facility where the patient receives care in a private residence) when receiving health services or health-related services through telecommunication technology.
- The *USCS Manual* split H0023 into two coding pages (outreach and drop-in). **Please be sure to review these new pages.** This change was made to conform with the guidelines to have separate coding pages for code/modifier combinations that provide distinct services.

Correct Coding/Billing Reminders for Behavioral Health Providers

- The [Uniform Services Coding Standards \(USCS\) Manual](#) states that revenue code 906 should **not** be billed with a HCPCS or procedure code. (See *Appendix G: Revenue Codes Covered Under the Medicaid Capitated Behavioral Health Benefit of the USCS Manual* effective January 2022.)
- Autism spectrum disorder diagnoses F84.0, F84.5, and F84.9, are not included as covered diagnoses for reimbursement under the Colorado Capitated Behavioral Health Benefit. If these diagnoses are listed as the **primary** or **only** diagnosis on a claim, these claims will be subject to denials and/or recoupments. (For a list of covered codes, see *III. DIAGNOSES - Mental Health Covered Diagnoses of the USCS Manual* effective January 2022.)
- Gender Identity Disorder diagnoses codes (F64 – F64.9) are not included as covered diagnoses

for reimbursement under the Colorado Capitated Behavioral Health Benefit. If these diagnoses are listed as the **primary** or **only** diagnosis on a claim these claims will be subject to denials and/or recoupments. These diagnosis codes may be listed as secondary or tertiary diagnoses with no impact on claim payment. (For a list of covered codes, see *III. DIAGNOSES - Mental Health Covered Diagnoses of the USCS Manual* effective January 2022.)

- Modifier HT should only be used on claims for members 21 and older engaged in Prevention/Early Intervention Activities. (For more information on using the HT modifier review, see Section VII – *SERVICE CATEGORIES and Appendix J: MEDICAID CAPITATED BEHAVIORAL HEALTH BENEFIT SERVICE MODIFIERS of the USCS Manual* effective January 2022.)
- The HF modifier on claims must be accompanied by a substance use disorder (SUD) diagnosis. If this modifier is billed in the first position on the claim, the SUD diagnosis must be primary. If the modifier is billed in position 2-4, the SUD diagnosis should not be listed as the primary diagnosis. (See Section VII – *SERVICE CATEGORIES and Appendix J: MEDICAID CAPITATED BEHAVIORAL HEALTH BENEFIT SERVICE MODIFIERS of the USCS Manual* effective January 2022.)
- When billing HCPCS codes H0001, H0005 and H0006, please review the diagnosis code to ensure the diagnosis code supports the use of these codes. These codes are for use with SUD and there are other more appropriate codes for members with a primary mental health diagnosis. For more information on billing these codes please review the coding page for each code in the *USCS Manual*.
- Targeted case management (T1017) should be used for members that need to be assessed for mental health disorders and is not supported when billed with a primary or only diagnosis of SUD. Code H0006 may be used for case management services for a member with a primary diagnosis of SUD. (See *COMBINED HCPF/OBH CODING PAGES - TARGETED CASE MANAGEMENT and TREATMENT* as well as *Appendix N: TARGETED CASE MANAGEMENT of the USCS Manual* effective January 2022.)
- Effective January 1, 2022, providers in the Independent Provider Network (IPN) should discontinue use of the GT modifier this modifier has been removed from the new IPN fee schedule. Facility billers (*UB-04 institutional*) should only append modifier GT to designate telemedicine.
- While every effort is made to deny claims if they are not billed using correct coding guidelines and with the direction provided in the *USCS Manual*, incorrectly billed claims are subject to future recoupment. Please check the *USCS Manual* before billing any service to CCHA.

Behavioral Health Encounter Data Validation Audit

The purpose of the fiscal year (FY) 2021-2022 Behavioral Health Encounter Data Validation Audit is to ensure providers are submitting claims to CCHA that comply with documentation requirements and/or the [Uniform Service Coding Standards Manual \(USCS\)](#).

This validation process is commonly referred to as the 411 Audit, and the aim is to assess the accuracy of claims submitted. Below are the steps:

- Step 1: HCPF randomly selects 411 claims/encounters in select service categories.
- Step 2: CCHA requests documentation from providers for each HCPF-selected claim and audits the record according to HCPF instructions and/or the *USCS Manual*.
- Step 3: CCHA reviews records to ensure that they support the service billed.
- Step 4: HCPF contracts with Health Services Advisory Group (HSAG), an External Quality Review Organization, to validate the random sample of submitted claims/encounter data.
- Step 5: HCPF checks the accuracy of claims submitted for services.

What you need to know for the FY 2021-2022 audit

- Behavioral health encounters will be reviewed for dates of service between July 1, 2020 and June 30, 2021.

The focus for this audit will be on three service categories:

- Institutional encounters from inpatient services
- Professional encounters from psychotherapy services (services with procedure codes 90832, 90833, 90834, 90836, 90837, 90838, 90846, 90847, 90849 or 90853)
- Professional encounters from residential services (services with procedure codes H0017, H0018, or H0019)

To promote an efficient and timely procurement of records, it is important that all providers' contact information be up to date. Please go to CCHAcared.com/providertools > Behavioral Health Providers > Individual Provider/Practitioner > [Behavioral Health Practice Profile Update Form](#) to update your information. Please submit the completed form and a copy of your W9 to COProviderData@anthem.com.

As a contracted CCHA provider, if selected to participate in this audit, CCHA will send you guidance about the required documentation needed for submission. For example, the medical record should contain patient identifiers (e.g., member name and date of birth) on each page of the record. We will notify you via email in January 2022 if you need to submit records for this audit.

CCHA staff will be available to assist you with any questions you may have about the 411 audit. Contact [Provider Support Services](#) for assistance.

Behavioral Health Provider Open Mic Calls

Our provider relations staff will be available to provide updates and respond to your questions about CCHA and the Health First Colorado program during our behavioral health open mic calls.

The next open mic call will take place on **February 10, 2022, from noon - 1 pm**. [Please register here](#).

If you cannot attend but have questions, please email CCHA@anthem.com.

Patient Education and Provider Tools

Help Get the Word Out to Your Patients Who Are Uninsured

For those who aren't already covered by job health insurance, Health First Colorado or Medicare now is the time to sign up for a health insurance plan for 2022 coverage.

Many Coloradans can qualify for free or low-cost coverage through Health First Colorado or Child Health Plan *Plus* (CHP+). Coloradans can visit HealthFirstColorado.com/apply-now to learn more or visit Colorado.gov/PEAK to apply online. Most applicants receive a coverage answer the same day, often with coverage effective retrospectively to the date the completed application is submitted.

If the applicant doesn't qualify for Health First Colorado or CHP+, their application will be referred to Connect for Health Colorado, our state's official health insurance marketplace, to check if they qualify for financial help to purchase a private health insurance plan.

For more information about Colorado's official health insurance marketplace, visit ConnectforHealth.com.

Denver Metro YMCA Offers Diabetes Prevention and Blood Pressure Self-Monitoring Programs

CCHA is working with the Denver Metro YMCA to offer diabetes prevention and blood pressure self-monitoring programs to Health First Colorado members.

Learn more about the programs below. These programs are free to Region 6 (Boulder, Broomfield, Clear Creek, Gilpin, Jefferson counties) CCHA members. If you have an interested patient, please use the [YMCA Referral form](#) to refer them to the appropriate program.

Diabetes Prevention Program YMCA of Metro Denver

The Diabetes Prevention Program can help your patients lose weight and become more active to delay or prevent the onset of type 2 diabetes.

Through this program, your patients will meet regularly with a certified lifestyle coach to learn about:

- Nutrition
- Physical activity
- Overcoming stress
- Staying motivated

See the [Diabetes Prevention Program flyer](#) or visit this [webpage](#) for more information.

Blood Pressure Self-Monitoring Program YMCA of Metro Denver

The Blood Pressure Self-Monitoring program is designed to help adults with hypertension lower and manage their blood pressure. Your patients will meet with a trained Healthy Heart Ambassador to:

- Measure and record their blood pressure at least two times per month
- Attend two personalized consultations per month
- Attend monthly nutrition education seminars

See the [Blood Pressure Self-Monitoring Program flyer](#) or visit this [webpage](#) for more information.

Health First Colorado Provider Academy

Practice Learning Community Opportunity - January 25

On Tuesday, January 25, 2022, Ellen Brilliant, Executive Director of Colorado Academy of Pediatrics and guests from pediatric practices will present their experiences and share tips and suggestions on managing patient harassment regarding COVID-19. All practices are welcome to attend this virtual opportunity.

Practice Learning Community Opportunity | January 25, 2022 | noon – 1 pm | [Join here](#)

Dimensions: Motivational Interviewing for Behavior Change - Level 1

In this two-day intensive training, participants will learn the fundamentals of Motivational Interviewing (MI), a collaborative conversational style that strengthens a person's own motivation and commitment to change. Participants will be guided through a sequence of learning activities to support the development of proficiency in the application of MI.

Dimensions: Motivational Interviewing for Behavior Change - Level 1 | February 9-10, 2022 | [Register here](#).

Learn more about [upcoming training opportunities](#).

Support for Providers and Members

For Providers	For Members
Provider Resources & Training	Find a Provider
Free Educational Materials	Connect with a CCHA Care Coordinator
Behavioral Health Provider Contact List	Support and Resources
	Join the Member Advisory Committee

Connect with us



Colorado Community Health Alliance | 1125 17th Street, Suite 1000, Denver, CO 80202

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